

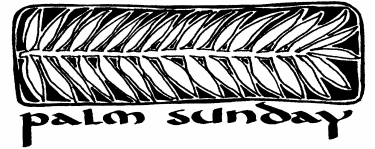


HOLY WEEK

Holy week begins on Palm Sunday and goes through Holy Saturday. Triduum (from the Latin meaning “three days”) is a word used to refer to Maundy Thursday, Good Friday and Holy Saturday. Beginning on sundown of Maundy Thursday (with Jesus’ Last Supper and his arrest), continuing on Good Friday (with his death by crucifixion), extending through Holy Saturday (with his burial), and concluding at sundown on Easter Sunday (with his rising from the grave and appearing to his followers), these are the three most amazing days in the church’s calendar. Here are some ways to celebrate Holy Week.

Palm Sunday

- Attend Sunday morning worship and save a palm leaf. Put it on your dinner table as a symbol.
- If you have young children, have a parade. Wave palms and banners and imagine what it would have been like to be in the crowd who welcomed Jesus.
- Read about Jesus’ triumphal entry into Jerusalem. Matthew 21:1-11. Mark 11:1-11. Luke 19:29-44. John 12:12-19.



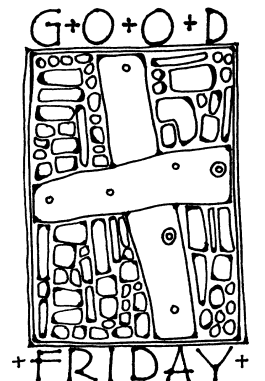
Maundy Thursday

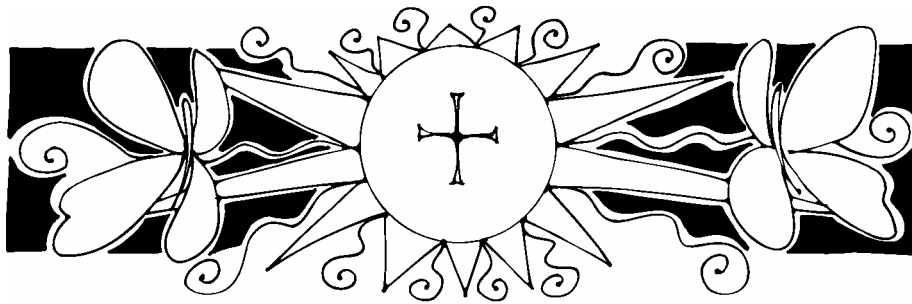


- Talk about the meaning of The Last Supper and why we celebrate communion before you attend Maundy Thursday service.
- Put a chalice and loaf bread on your dinner table.
- Read about The Last Supper. Matthew 26:17-29. Mark 14:12-25. Luke 22:7-38. John 13:1-38. Read about Jesus’ arrest and trial. Matthew 26:47– 27:26. Mark 14:43- 15:15. Luke 22:47– 23:25. John 18:2- 19:16.

Good Friday

- Talk about Jesus’ crucifixion and death before attending Good Friday service. Talk about what being crucified means. Talk about how you would have felt if you had been there.
- If you put out a cross during Lent, you can cover the cross with a black cloth. It reminds us of Jesus’ death.
- Read about Jesus’ crucifixion and death. Matthew 27:27-56, Mark 15:16-41. Luke 23:26-49. John 19:17-37.
- Make hot cross buns. Search on the internet for a recipe. As you eat them, talk about how the cross reminds us of Jesus’ death on the cross and about the yeast as a symbol of new life.





Easter Sunday

Easter celebrates Jesus Christ's resurrection from the dead. Jesus Christ is risen! Alleluia!

Celebrate Easter

- Rejoice! Jesus is Risen! Read about the empty tomb and attend Easter worship together. Matthew 28:1-8. Mark 16:1-8. Luke 24:1-12. John 20:1-10.
- Dye Easter eggs and talk about how Easter means new life. Decorate the eggs using Easter words and symbols. You could write, "Jesus is risen," "Hosanna," "Jesus is king," or "The tomb is empty."
- Decorate your house with butterflies. Butterflies represent new life and are a wonderful symbol of Easter.
- Use white tablecloths, placemats, or napkins during Easter.
- If you used a cross during Lent, place a butterfly in the middle of it to remind us of God's Easter promise: life conquering death.
- Make an Easter banner that reads HE IS RISEN!
- Have an Easter Egg hunt on Easter. Give a prize to the person who finds the empty egg. You can talk about how it is a special egg and it is empty just like Jesus' tomb was empty.
- Use refrigerated bread dough to make cross shaped pretzels.

