

Iowa Drug Trends and Resources

Bishop Ullestad from the Northeastern Iowa Synod called for a Summit on Substance Abuse in May led by Becky Swift from the Governor's Office of Drug Control Policy. Several Bethlehem staff and volunteers chose to attend. There is an abundance of information to share, so we decided to take the year to give you information bit by bit. We will highlight the following topics: The Power of a Grandparent, Prescription Drug Abuse, Parents, Take Five on March 5th, Drug Endangered Children, and Life Or Meth: What's the Cost?

Stats:

Most commonly abused drugs in Iowa:

Adults:

- Alcohol (2009 screened/admitted clients 63.7%)
- Tobacco
- Marijuana (2009 screened/admitted clients 19.8%)
- Methamphetamine (2009 screened/admitted clients 8.5%)
- Cocaine/Crack (2009 screened/admitted clients 3.9%)

Youth:

- Alcohol (2008 self-reporting 6th gr. 5%, 8th gr. 16%, 11th gr. 36%)
- Tobacco
- Marijuana (2008 self-reporting 6th gr. 1%, 8th gr. 3%, 11th gr. 13%)
- Inhalants
- Prescription and over the counter drugs (2008 self-reporting 6th gr. 2%, 8th gr. 4%, 11th gr. 7%)

50% of youth don't use if parents and children talk about drug use.

Resources:

www.iowa.gov/odcp

www.faceittogether.com

www.drugfreeinfo.org

www.lifeormeth.org

www.takeadoseoftruth.com

www.iowadec.net

www.drugshurtkids.com

www.nida.nih.gov

www.drugfree.org

www.ncadi.sa,hsa.gov

www.stopalcoholabuse.gov

www.jointogether.org

www.niaaa.nih.gov

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Substance abuse is a problem in Iowa. So... you ask yourself, what can I do?

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