



Sleep Under

A **sleep under** is a fun event that allows participants to raise awareness about malaria and funds for its prevention and treatment. The name **sleep under** refers to participants sleeping under nets, just as our sisters and brothers in Africa do in an effort to protect themselves from malaria-carrying mosquitoes. The event can be held indoors or out and structured however best suits the group as well as context.

Participants can gather **pledges** for sleeping a certain number of hours, a night, or nights under nets. Participants might promote the event through skits, temple talks, children's sermons, bulletin inserts, children's activity sheets, etc., which are available at: www.neiasynod.org/synod_resources/Malaria.asp. Providing a display and participants to answer questions for two to four weeks before the event may help gather pledges.

Camping nets (not insecticide-treated) may be hung indoors or outdoors for the **sleep under**. Holding the **sleep under** in a visible location can help generate interest and donations. The powerful documentary, *When the Night Comes*, can be used to introduce participants to a **sleep under** or as an activity during the event. Other activities during the event might include:

- **Malaria Dodgeball**
- **Malaria Tag**
- **Malaria Jeopardy** (youth and adult versions)

Information for the above activities is available at: www.elca.org/malaria, click on "Resources," and scroll to "Youth Activities"

Information for water and malaria stations, malaria handshake, and baskeetoss is available at: www.neiasynod.org/synod_resources/Malaria.asp.

For **further information**, please contact Mark Anderson, assistant to the Bishop, 319-352-1414 or andersonm@neiasynod.org.