

## SOAKER BALLS

### Instructions:

How long has it been since your last water fight?

*Too long, you say?*

Grab a soaker ball, sponge up some water, choose your victim, summon up the courage, and give it a throw!

Return the soaker balls to this station when you're done.

## DIRTY WATER

### Instructions:

Imagine tending the farm all day in the heat of Central America! Without any source of clean water, you drink from the nearby river.

Fill a cup with river-water located in the jugs in front of you. Look closely at the water you have in your hand.

What do you think?

## RUBBER DUCKIES

### Instructions:

Kneel down to the flock of rubber duckies in the wading pool and choose one to play with.

Splash it around, submerge it, or have it make friends with other ducks in the pool.

As you play in the water, remember your baptism and celebrate the life you have in Christ.

Take your duck with you and let it remind you of the joy of baptism.

## CLEAN DRINKING WATER

### Instructions:

With all of these water exercises, you probably could use a break!

Fill your cup with a drink of cool, clean water and take a minute to relax and chat with other participants.

## WATER BALLOON TOSS

### Instructions:

It's the classic church picnic game!

Select a partner and grab one water balloon.  
Stand facing one another and take turns tossing  
the water balloon back and forth.

Each time the balloon is successfully caught,  
each partner should take one step back.

See how far you can go without breaking the balloon!

## SQUIRTING FISH

### Instructions:

Your equipment: Fish

Your resource: Water

Your mission: Squirt

Your target: Your choice

Keep your fish as a memento, if you wish.

## WADING POOL

### Instructions:

Take off your shoes,  
and step in to one of our luxurious wading pools!

Take a minute to splash around and cool off.

Get to know others who might be wading in the pool with you.

Think about how our theme, "Stirring the Waters,"  
might relate to this exercise.

## WATER CARRYING

### Instructions:

Imagine you're a woman in Tanzania and you  
need to bring water from the nearest well back to your home.

This water will be all your family has today to  
drink, water the crops, cook, and clean,  
so be careful not to spill! Each little drop is precious.

Lift one of the containers and carry it to the destination  
specified as your "home." Try carrying it different ways...  
maybe even on your head!

## MOSQUITO TAG

### Instructions:

Place a few inches of water in a tub or wading pool. Several yards away, hang a mosquito bed net near the ground.

One player, the “it mosquito,” squats in the tub. The other players run around the tub. When the facilitator yells, “It’s night!,” the mosquito jumps out of the tub and tries to “bite” the other players by tagging them. The other players run to get under the net where they are safe. However, the net can only protect four players! Players tagged by the mosquito get malaria and must sit down. Play ends when the mosquito gives malaria to everyone or it is time to rotate to another station.

## LARVA SCOOP

### Instructions:

Fill a wading pool with water. Float 36 (or more!) foam S-shaped “packing peanuts” in the water. Provide two small strainers or nets used in fish tanks and two buckets.

Find a partner with whom to compete. When the facilitator says, “Go!,” scoop the mosquito larvae (packing peanuts) out of the water and dump them in your bucket as quickly as you can before they become adult mosquitoes. It’s difficult to stop mosquitoes from breeding, so keep one hand behind your back at all times! The player who gets the most larvae into his/her bucket before the facilitator says, “Stop!,” wins.

## CLEAN IT UP!

### Instructions:

Fill two tubs with equal amounts of water. Stir in some dirt. Provide two small containers (e.g. cups or little buckets).

Form two teams. Teams must empty the tub of the standing water in which mosquitoes can breed. Each team lines up at their starting line ten yards from their tub. The facilitator calls, “Clean it up!” Then, each player runs to the tub, fills their container, runs back across the line, dumps the water, hands the container to the next player, and goes to the end of the line. The team that empties their tub of the dirty water first wins.

## PUMP IT!

### Instructions:

Order the working pump and water display from:  
ELCA World Hunger Program  
Romelia Almaraz, Administrative Assistant  
800-638-3522 ext. 2696 or 773-380-2696  
You must schedule use of the pump and display, which will be loaned and shipped to you for your event.

Take turns pumping water into a bucket.  
How many “pumps” does it take to fill the bucket?  
Which would you prefer using, a faucet, a hand pump, or carrying heavy buckets of water for many miles?!

For many of our neighbors around the world,  
**this is the kind of water they will be using today.**

No source of clean water, they will use water from  
local rivers and swamps for drinking, cooking, and washing.

**Did you know** that the use of contaminated water accounts for  
nearly **80% of disease** and over **1/3 of deaths**  
in developing countries? [www.elca.org](http://www.elca.org)

**ELCA WORLD HUNGER APPEAL PROJECTS  
HELP PEOPLE HAVE CLEAN WATER!**



**ELCA World Hunger**  
Evangelical Lutheran Church in America  
God's work. Our hands.

Sometimes it's okay to get wet...

*Living water, never ending,  
quench the thirst and flood the soul  
Well-spring, source of life eternal,  
drench our dryness, make us whole*

—ELW 455, *Crashing Waters at Creation*

**THE ELCA WORLD HUNGER APPEAL  
HELPS OTHER PEOPLE GET WET!**



**ELCA World Hunger**  
Evangelical Lutheran Church in America  
God's work. Our hands.

Did you know...  
Over **1 billion** people  
lack access to clean drinking water?



**ELCA World Hunger**  
Evangelical Lutheran Church in America  
God's work. Our hands.

*Whoever gives even a cup of cold water  
to one of these little ones in the name of a disciple—  
truly I tell you, none of these will lose their reward.*

—Matthew 10:42

*Go and do likewise.*

—Luke 10:37

*[Remembering my] baptism has  
increased my awareness of God's gift of water  
which sustains all life on this planet.  
I believe part of our call as baptized people  
is to protect this precious gift from  
misuse, greed, and pollution.*

*The poor of the world  
cry out for clean and accessible water.*

—Daniel W. Erlander



**ELCA World Hunger**  
Evangelical Lutheran Church in America  
God's work. Our hands.

**What do you use water for each day?  
Here are a few ways you may have forgotten:**

- Taking a shower
- Doing laundry
- Washing your dishes
- Mopping the floor
- Rinsing fruit
- Watering the lawn
- Making ice cubes
- Flushing the toilet
- Washing your hands
- Cooking dinner

Did you know that the average American uses over  
**100 gallons of water each day?**

In developing countries, the average person uses  
**13 gallons**

(what most of use with one or two flushes of the toilet).

[www.epa.org](http://www.epa.org), [www.un.org](http://www.un.org)

How could *you* help conserve water each day?

Water balloon tosses may not be  
the *best* way to get water from one place to another.

**Here are ways you can help get water where it needs to go:**

- **Pray.** Ask God how *you* might help someone without water.
- **Give.** ELCA's Good Gifts program has more information about how your gifts support life-giving water projects. \$10 provides six water jugs to transport clean water. \$275 builds a home cistern. Visit [www.elca.org/goodgifts](http://www.elca.org/goodgifts) for information.
- **Check out** ways to get your congregation involved with the fundraising efforts of ELCA World Hunger. Visit: <http://www.elca.org/hunger/resources/ideas.html>
- **Contact** your senators and representatives and ask them to increase funding for clean water around the world. For more information, visit: <http://www.lwr.org/advocacy/water>

Jesca Noah, a widow with four children in Tanzania, spends **4 hours** walking to and from the well to bring a single bucket of water to her family.



<https://community.elca.org/NetCommunity/>

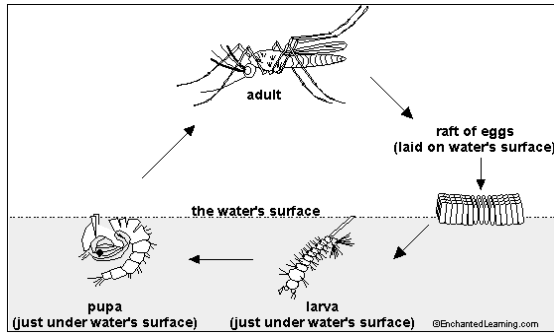
Could *you* carry a bucket of water for that long?

*Now in Jerusalem by the Sheep Gate there is a pool ..., which has five porticoes. In these lay many invalids—blind, lame, and paralyzed. One man was there who had been ill for thirty-eight years.... [Jesus] said to him, "Do you want to be made well?" The sick man answered him, "Sir, I have no one to put me into the pool when the water is stirred up; and while I am making my way, someone else steps down ahead of me." Jesus said to him, "Stand up, take your mat and walk." At once the man was made well...*

—John 5:2-9

Some later manuscripts and ancient witnesses explain, "**From time to time an angel of the Lord would come down and stir up the waters. The first person into the pool after each such disturbance would be cured of whatever disease they had.**"

In the days of the New Testament, "stirring the waters" was a direct reference to healing. **How do you believe that water plays a role in healing today? THANK GOD FOR WATER!**



**Malaria is a disease caused by mosquitoes that breed in standing water.** It is important to get rid of standing water as well as the eggs, larvae, and pupae before they grow into mosquitoes that bite!

 ELCA Malaria Campaign  
Evangelical Lutheran Church in America  
God's work. Our hands.



**Sleeping under an insecticide-treated long-lasting bed net can protect from mosquito bites that cause malaria.** You can help protect someone in Africa by buying a bed net, training in its use, and education about malaria for **ONLY \$10.**

 ELCA Malaria Campaign  
Evangelical Lutheran Church in America  
God's work. Our hands.

**People need clean water to stay healthy and to recover from diseases such as malaria.**

Water that is accessible—close by, easy to get out of the ground, and available throughout the year—is important. Hand pumps make water more accessible for people who are healthy and for people who are sick.



**For ONLY \$150, through ELCA's Good Gifts catalog, you can purchase a hand pump for a community in Africa.**

 ELCA World Hunger  
Evangelical Lutheran Church in America  
God's work. Our hands.

 ELCA Malaria Campaign  
Evangelical Lutheran Church in America  
God's work. Our hands.

**CLEAN WATER BRINGS HEALTH AND LIFE;  
DIRTY WATER BRINGS DISEASE AND DEATH.**

*“Now the people of the city said to Elisha, ‘The location of this city is good, as my lord sees; but the water is bad, and the land is unfruitful.’ [Elisha] said, ‘Bring me a new bowl, and put salt in it.’ So they brought it to him. Then he went to the spring of water and threw the salt into it, and said, ‘Thus says the Lord, I have made this water wholesome; from now on neither death nor miscarriage shall come from it.’”*  
2 Kings 2:19-22

**Mosquitoes that carry the deadly disease malaria breed in standing, dirty water. To prevent malaria, people need to remove dirty water.**

 ELCA Malaria Campaign  
Evangelical Lutheran Church in America  
God's work. Our hands.

Credit

## Evangelical Lutheran Church in America World Hunger Appeal



**ELCA World Hunger**  
**Evangelical Lutheran Church in America**  
God's work. Our hands.

### Copying Instructions

In this file, copy the pages front to back on cardstock as follows:

Page 1 is the front with page 4 on the back

Page 2 is the front with page 5 on the back

Page 3 is the front with page 6 on the back

You may wish to laminate the copies prior to cutting.

### Cutting Instructions

Cut the 11 inch width at 5 ½ inches (i.e., in half).

Cut the 8 ½ inch height at 4 ¼ inches (i.e., in half).



**ELCA Malaria Campaign**  
**Evangelical Lutheran Church in America**  
God's work. Our hands.

### Supplies Source

One potential source of supplies is Oriental Trading. See:

<http://www.orientaltrading.com/>