



CUSTOMIZED TRAINING

Recognizing the urgent and unpredictable nature of disasters, LDR provides comprehensive training to equip communities with the skills needed to provide effective support and relief to those in need precisely when they need it.

LDR offers a variety of no-cost, in person, virtual and self-paced online courses, tailored to your community's needs, covering topics like **long-term recovery, disaster case management, emotional and spiritual care, preparedness, rebuilding, and volunteer coordination**. All of our trainings can be customized for the specific needs of your community and crisis situation. Durations range from a few hours to multi-day trainings, with a minimum of 10 participants for in-person sessions. Virtual courses are available for smaller groups.

Additionally, LDR provides ongoing mentorship. We can connect your team with experienced responders for help navigating specific challenges in disaster response.



- **Expert-Led Sessions:** Gain insights from experienced subject matter experts in disaster response.
- **Hands-On Training:** Engage in practical exercises and real-world scenarios.
- **Resource Networking:** Build connections with local and national organizations.



ONLINE LEARNING

Lutheran Disaster Response has a variety of no-cost trainings available on our online learning management system. Once you create an account, you'll have access to self-paced resources as well as an opportunity to sign up for facilitated web-based and in-person trainings.

Use the QR code below to create an account and access LDR's training resources:



CONTACT US

Questions about LDR's training resources, or interested in hosting a training? Contact us to schedule a discussion about how Lutheran Disaster Response can best support the work in your community:

Disaster@elca.org
[ELCA.org/Disaster](https://elca.org/Disaster)



TRAINING RESOURCES

SHARING GOD'S HOPE, HEALING AND
RENEWAL WITH PEOPLE WHOSE
LIVES HAVE BEEN DISRUPTED BY DISASTERS.



PREPAREDNESS & MITIGATION

PREPARE IN A YEAR

A 12-UNIT PREPAREDNESS PROGRAM

This interactive series helps community members become prepared for disaster, one step at a time. Each month, participants complete one activity per month to prepare themselves and their families for disasters. This session teaches instructors how to facilitate the series within their communities.

BEFORE THE STORM

PREPAREDNESS FOR NONPROFIT AND FAITH-BASED ORGANIZATIONS

Our 2-hour training explores what it means to be truly prepared. This course defines preparedness, delves into the six key attributes of a prepared organization, and explores common challenges that organizations face in achieving readiness.

ALSO AVAILABLE ONLINE AS A SELF-PACED MODULE



LONG-TERM RECOVERY

WALKING THROUGH THE MAZE

LONG-TERM RECOVERY 101

An introduction to long-term recovery groups (LTRG), this training covers the essentials such as organizing and administering an LTRG, financial controls and reporting, and strategies for ensuring recovery efforts are sustainable and complete.

CONNECTING THE DOTS OF LTRG

LONG-TERM RECOVERY 102

Building on Walking Through the Maze, this course delves into the complexities of long-term recovery. Learn more about the components, terminology, structure, key players, and the importance of flexibility to effectively assist individuals and families as they navigate recovery.



DISASTER CASE MANAGEMENT

BRIDGING THE GAP

This training equips you with the essential skills as a Disaster Case Manager to effectively support individuals and families impacted by disasters. Learn how to assess needs, develop recovery plans, and connect clients with critical resources.

ALSO AVAILABLE ONLINE AS A SELF-PACED MODULE



EMOTIONAL & SPIRITUAL CARE

CALM IN A CRISIS

PSYCHOLOGICAL FIRST AID: AN OVERVIEW

Learn how to provide immediate emotional support to individuals affected by disasters and crises. This training will equip you with the skills to recognize stress reactions, offer practical assistance, promote coping strategies, and help you understand the principles of psychological first aid and how to apply them to help others recover emotionally and mentally.

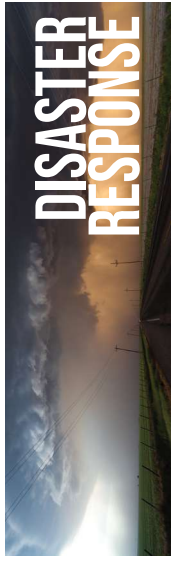
ALSO AVAILABLE ONLINE AS A SELF-PACED MODULE

ALSO AVAILABLE IN SPANISH

MENTAL, EMOTIONAL, AND SPIRITUAL SUPPORT TRAINING

M.E.S.S.

Specifically designed for clergy and lay leaders, this training equips leaders with the essential skills needed to respond to disasters in both stabilizing (immediate, short-term) and support (long-term) roles. Learn how to offer comprehensive care that addresses the mental, emotional, and spiritual well-being of those affected by disasters.



DISASTER RESPONSE

INTRODUCTION TO DISASTER RESPONSE

Our foundational course is designed to equip those new to disaster response with the essential tools to support their community. This course explains the phases of disasters, roles of different disaster responders, and outlines the services that may need to be developed. Additionally, the course offers practical ways for you to assist in disaster response and recovery.

ALSO AVAILABLE ONLINE AS A SELF-PACED MODULE

LDR CONNECTIONS TO

SYNODS AND CONGREGATIONS

Designed to help synods and congregations understand the various ways to engage in disaster response, this course identifies the different phases of disaster and broadens the definition to include weather-related events, environmental care, school shootings, and water crises. Participants will learn how they can engage with Lutheran Disaster Response to respond to the crisis impacting their community.



VOLUNTEER MANAGEMENT

LEADING IN CRISIS

Designed for those developing or receiving volunteer teams, you will learn to effectively communicate with volunteers, manage releases, forms, and reports and address logistical issues surrounding volunteer housing, and transportation. You'll gain skills in fostering positive relationships between volunteers and the community and promoting volunteer efforts to maximize community engagement.