

“The Body of Christ”

1. As the youth gather, randomly assign them with one of the following disabilities:

- a. Blind- blindfolded
- b. Deaf- muffed ears
- c. Paraplegic- legs tied to a chair
- d. Quadriplegic- legs tied to a chair, and arms tied behind back
- e. Missing hands- pirate hooks for hands
- f. Mute- tape over mouth
- g. No thumbs- thumbs taped to palm
- h. Conjoined twins- inside leg tied together, arms around one another's shoulders, and an eye-patch on the inside eye of each person

2. After all the youth are “disabled” in some way, give each of them the set of five instructions to complete. (Hopefully, they will discover that without relying on help from others in the youth group, they are unable to complete the tasks without a great deal of difficulty.) Allow 20-30 minutes.

3. After the tasks are completed, have the youth take a seat and remove their disability.” Discuss what was learned by this activity, and how it relates to the how a church or any other institution functions. Allow 5-10 minutes.

4. Have each of the youth take a spiritual inventory test. Allow 20-30 minutes for this. Upon completion, discuss the importance of each job, and allow those who want to share their results share what they thought.

Bible verse: 1 Corinthians 12:12-26

5. If time remains, ask the group assign a job in the church to a certain part of the body: brain, eyes, ears, mouth, nose, hands (fingers), feet (toes), liver, kidneys, stomach, torso, skeleton (cranium), intestines, etc...

Close in prayer.

-Aaron Shopa